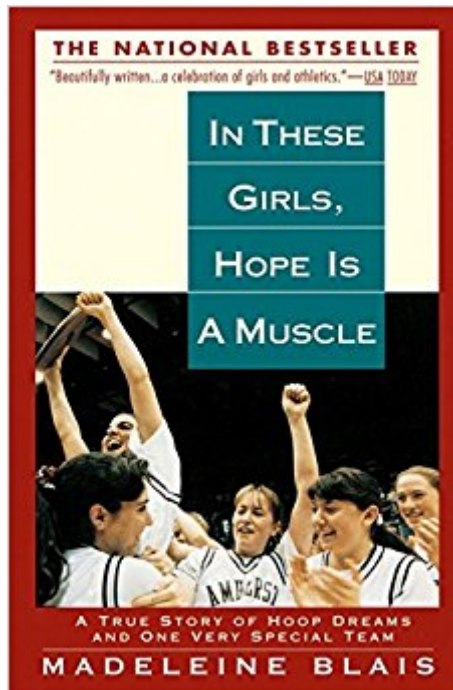




The book was found

In These Girls, Hope Is A Muscle



Synopsis

They Were a Talented Team with a Near-Perfect Record. But for Five Straight Years, When it Came to The Crunch of the Playoffs, the Amherst Lady Hurricanes-A "Finesse" High-School Girls' Basketball Team of Nice Girls from A Nice Town-Somehow Lacked the Scrappy, Hard-Driving Desire to Go all the Way. Now, Led by the Strong Back-Court of All-American Jamila Wideman and Three-Point Specialist Jen Pariseau, and Playing beyond Their Personal Best, this is Their Year to Prove Themselves in the State Championships. Their Season to Test Their Passion for the Sport and Their loyalty to Each Other. Their Time to Discover Who they Really are. In These Girls, Hope is a Muscle is the Fierce, Funny, and Intimate look into the Minds and Hearts of one Group of Girls and Their Quest for Success and, Most Important of all, Respect.

Book Information

Paperback: 272 pages

Publisher: Grand Central Publishing; Reissue edition (January 1, 1996)

Language: English

ISBN-10: 0446672106

ISBN-13: 978-0446672108

Product Dimensions: 5.2 x 0.8 x 8 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 58 customer reviews

Best Sellers Rank: #222,873 in Books (See Top 100 in Books) #113 in [Books > Biographies & Memoirs > Sports & Outdoors > Basketball](#) #201 in [Books > Sports & Outdoors > Basketball](#) #296 in [Books > Health, Fitness & Dieting > Exercise & Fitness > Weight Training](#)

Customer Reviews

They were a talented team with a near-perfect record but a reputation for choking in the crunch of the state playoffs. Finally, after five straight years of disappointments, the Amherst Lady Hurricanes found they just might have what it took to go all the way. This is a fierce, funny, and intimate look into their minds and hearts during one very special season. A finalist for the National Book Critics Circle Award for nonfiction.

When Pulitzer Prize-winner Blais pokes gentle fun at Amherst, Mass., where an infuriated teen-aged athlete in the heat of the fray may yell, "You ignore your inner child!" you suspect this will be a special book. And it is, as the reader follows the Amherst High girls basketball team-the Lady

Hurricanes-in the 1992-93 season, from game one on December 15 to the final game on March 16, when they all but obliterated Haverhill, 74-36, to win the state championship. While this is the story of well-bred, upper-middle class, genteel girls who learned to be tough, it is also a picture of a changing period in American sports history, when a town rallied around its female athletes in a way that had previously been reserved for males. Alternately funny, exciting and moving, the book should be enjoyed not only by girls and women who have played sports but also those who wanted to but let themselves be discouraged. Copyright 1994 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

I gave this book as a graduation gift to my players when it was first published. Its story and message have stood the test of time, and so it was given as a graduation present again to current players ...22 years later! Early on, it was one of the few books to follow a high school level girls' team as it pursued excellence and a state championship. The bonus for me: the epilogue included a follow-up of the players on that team.

As a former sportswriter and the father of a 10-year-old girl player, this is as good as it gets at capturing the essence of the sports experience from many angles. It's a story about women from a woman's perspective -- not a man's. The difference is what makes this a unique and insightful read. I bought it for my daughter, but I ended up reading it first. It's a "Hoosiers" story set in the 90s that is about girls, not boys. These are characters you care about -- and the fact that they're real makes it even better. Enjoy!

One of the best sports book I have ever read. Right up there with "Friday Night Lights" and "The Miracle of St. Anthony's." Beautifully written, it is a fascinating insight into a town and its people. Most importantly, it is a brilliant and heartwarming story of the importance of sports and friendship for girls. It is impossible not to love this book. I'm amazed that it hasn't been made into a movie yet.

Well done!

Great story and beautiful words. Highly recommended for anyone looking for inspiration, or even just good storytelling.

Incredible, inspiring story. We've given away many copies.

This book is filled with the most mundane details about each girl on the team, the town and people of Amherst and surrounding towns, local history, Emily Dickinson, the evolution of women's sports, etc., but it provides very little text about basketball itself. It devotes only a few pages in the whole book to describing anything that actually occurred during a basketball game. I read it with my 13 year old daughter, who is developing an interest in basketball, and it was a bit tedious for us both.

My wife requested that we get the book. From what I hear she is enjoying the book. Our son is a women's basket Coach for a University in Portland OR. He has enjoyed the book also. Sam

[Download to continue reading...](#)

Muscle Recovery: Tips for Faster Muscle Recovery, Growing Stronger Muscle and Overcoming Muscle Soreness (Muscle Growth, Muscle Soreness, Workout, Workout Recovery, Muscle Strength) In These Girls, Hope is a Muscle Muscle building box set: Ectomorph:How to Pack on as Much Muscle as Possible in the Shortest Time,The 10 Best Ever Muscle Building Technique,30+ Bulking Recipes,3x books in one , The Bodybuilding Cookbook: 100 Delicious Recipes To Build Muscle, Burn Fat And Save Time (The Build Muscle, Get Shredded, Muscle & Fat Loss Cookbook Series) Fitness Nutrition: The Ultimate Fitness Guide: Health, Fitness, Nutrition and Muscle Building - Lose Weight and Build Lean Muscle (Carbs, Protein, Muscle ... Workout Nutrition, Nutrition For Athletes) These Are the Voyages: Tos: Season 3 (Star Trek: These Are the Voyages) These Ruthless Deeds (These Vicious Masks) Calisthenics: Take Control of Your Own Body Using These Bodyweight Principles - Increase Your Strength and Build Muscle Mass Rapidly Intermittent Fasting: Everything You Need to Know About Intermittent Fasting For Beginner to Expert - Build Lean Muscle and Change Your Life (Lean Lifestyle, Lean Muscle, Lose Fat) Supplements: The Ultimate Supplement Guide For Men: Health, Fitness, Bodybuilding, Muscle and Strength (Fitness Supplements, Muscle Building, Supplements ... Diet, Supplements Guide, Supplement) Carb Cycling: Unleash Your Body's Maximal Potential to Burn Fat and Build Lean Muscle Mass While Staying Lean (Including Recipes, Carb Cycling Diet, Ketogenic ... Muscle While Burning Fat, Healthy Body) Daniels and Worthington's Muscle Testing: Techniques of Manual Examination and Performance Testing, 9e (Daniels & Worthington's Muscle Testing (Hislop)) Ectomorph: How to Pack on as Much Muscle as Possible in the Shortest Time bodybuilding:bulking:muscle Beyond Bigger Leaner Stronger: The Advanced Guide to Building Muscle, Staying Lean, and Getting Strong (The Build Muscle, Get Lean, and Stay Healthy Series) Build Muscle Without Weights: The Complete Book Of Dynamic Self Resistance Training Exercises (burn fat, abs, muscle building,

exercise workout 7) **CARDIO SUCKS: The Simple Science of Losing Fat Fast...Not Muscle** (The Muscle for Life Series Book 5) **Muscle Myths: 50 Health & Fitness Mistakes You Don't Know You're Making** (The Build Healthy Muscle Series) **Beyond Bigger Leaner Stronger: The Advanced Guide to Building Muscle, Staying Lean, and Getting Strong** (The Build Muscle, Get Lean, and Stay Healthy Series Book 4) **Muscle Gain: The 10 Best Ever Muscle Building Techniques** **Intermittent Fasting: How To Lose Weight, Burn Fat & Build Lean Muscle The Easy Way** (Intermittent Fasting, Burn Fat, Build Lean Muscle, Lose Weight)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)